

THE GOOD NEWS GOSPEL EXPLOSION

YOUR BODY IS THE TEMPLE OF GOD

Many people have requested a list of the foods that God says can be used for food and those that are not to be used for food. Some foods destroy the body and 1 Corinthians 3: 16 says, "Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you? If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are." (This list is just a guideline; it is not complete.)

Things that can be used for food

MEATS	FISHES	SHORTENINGS	DRINKS
Beef (all its selections)	Snapper	Crisco	Postum Cereal
Veal	Salmon	Mazola Oil	Instant Postum
Mutton	Perch	Wesson Oil	Fruit Juices
Lamb	King Fish	Cotton Seed Oil	Cocoa
Turkey	Buffalo	Corn Oil	Milk
Chicken	Mullet	Peanut Oil	Soft Drink
Venison (Deer)	Carp	Olive Oil	Ovaltine & Milo
Goat	Cavali		Mauby
Ox	Dolphin		Sorrel & Ginger Beer
	Carite		Malt

{Read Leviticus 11 or Deuteronomy 14}

Things that are not be use for food

MEATS	FISHES	SHORTENINGS	DRINKS
Hog (Pork, Ham, Bacon)	Lobster	Hog Lard	Coffee (caffeine)
Turtle	Crab	Any grease/oil made from hog fat	Tea (tannin)
Possum, Coon	Oyster	Whale Oil	All 'cola' drinks such as:
Squirrel, Agouti	Shrimp		Pepsi Cola, RC Cola, Coca Cola etc.
Frog (Mountain Chicken)	Eel		All alcoholic drinks, e.g.
Snail (Escargot)	Whale		Rum, Whiskey,
Rabbit, Quenk	Crayfish		Wine, Brandy,
Tattoo, Lapp	Catfish		Beer, Shandy,
Snake, Iguana			Gin, Vodka
Monkey			Cognac
Manicou, Rat			

"Whether therefore ye eat or drink or whatsoever ye do, do all to the glory of God". – 1 Cor. 10:31